

Bike tutorials

Video tutorials

End-to-end assembly instructions

https://www.youtube.com/embed/9s92J_Dygyo?si=zitcgSqjXLUgDnCu

Front basket

https://www.youtube.com/embed/heW-leuV_ak?si=yww2uuJm5bvEjZFq

Rear rack

<https://www.youtube.com/embed/FVs5tR738fM?si=HrIGa9gSL1oRnvtW>

Printable tutorials

How to:

- adjust your seat (height and alignment) - [here](#)
 - inflate your tires - [here](#)
 - adjust your handlebar
 - height and alignment - [here](#)
 - angle - [here](#)
 - adjust your brakes - [here](#)
 - switch your bike during the event - [here](#)
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Revision #12

Created 2024-12-19 15:10:20 UTC by Alex

Updated 2025-04-13 01:33:17 UTC by Alex